

CONTINUING PROFESSIONAL DEVELOPMENT LOG

From 1st April 2018 all registered social workers are required to use either the following template for their CPD log, or the similar template provided by the ANZASW.

Name:	Barbara Gilray		
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	NZ		
Job Title:	Senor Social Work Advisor		
Registration number:	#228		
Competence Date:	01/04/2018		

Skills and knowledge identified as being needed for development of social work practice	Agreed learning activities and time commitment	Critical reflection on learning and development of practice and relevance to the SWRB competencies
<p>1. Continue to develop Te Reo Māori and my understanding of the Treaty of Waitangi; develop further awareness and understanding of the context of wider issues affecting Māori on admission to hospital</p>	<p>1: Attend 1 hour weekly Te Reo Māori sessions over the next 6 months February – July 2016 20 hours</p> <p>2: Read Ani Mikaere’s book “<i>Colonising Myths – Māori Realities</i>” September – October 2016, 10 hours</p>	<p>The learning from the Te Reo Māori sessions has helped me grow my confidence in using Te Reo Māori, karakia and waiata.</p> <p>As I have become more confident in situations where kaupapa Māori is followed both within the hospital setting and, in the community, I have further developed relationships within the Māori health unit and I have been able to introduce waiata and karakia into our team meetings and have seen this impact on the confidence of the team. I support Māori team members at powhiri and poroporoaki and have a greater understanding of how mental health impacts on wider whanau, hapu and iwi members.</p> <p><u>Competence 1:</u> This learning helps to ensure that I maintain cultural integrity with tangata whenua both at a client and colleague level.</p> <p>This book addresses issues such as the ability of Māori to achieve justice when Māori law is marginalised; the need to confront racism in</p>

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			<p>thinking, processes and structures; the impact of interpretations of the Treaty of Waitangi; the difficulty of redressing harm to Māori within the Pākehā legal system; and the importance of reinstating tikanga at the heart of Māori legal thinking and practice.</p> <p>The learnings that I have taken from this have helped me rethink the way in which I can use the history of colonization in my practice in ways that challenge injustices, particularly in relation to Māori access to and treatment within health services</p> <p><u>Competencies 1 and 4:</u> In particular this book made me reflect on the need to continually challenge racist thinking and attitudes within a largely Pakeha dominated health system so that the Treaty principals of Participation, Protection and Partnership remain at the forefront of my SW practice with clients, colleagues and the community in general.</p>
2.	It is recognized that in the hospital settings mental health social work is concerned with the interface between mental illness and broader health and welfare issues.	Attend 2 day National Service Framework for Mental Health workshop May 22 & 23 2017 16 hours	This conference enhanced my knowledge and ability to assist in creating appropriate practice frameworks for social work mental health services which will anticipate and prevent crises where possible. I am able to support other social workers in my team so that they have the skills

	<p>I needed to gain more knowledge on practice frameworks to ensure that social work intensive mental health services are more effective at an inpatient and outpatient client level.</p>		<p>to promote recovery and wellbeing in order that clients gain power and control over their lives. This helps me to ensure that social workers provide services at a competent level of professional practice by being up to date with relevant practice frameworks.</p> <p><u>Competencies 6; 8 and 9</u></p> <p>Many mental health clients experience discrimination trauma, stigma and social injustice and the implementation of this framework assists in ensuring that clients remain at the center of our social work practice so their rights remain paramount.</p> <p>Participation in this workshop reinforced for me the need for social workers to have a breadth of skills when working within the mental health sector so that their work remains ethical, professional, promotes self-determination and is in line with the SWRB Code of Conduct.</p>
3.	<p>Continue to develop my leadership skills by compiling and delivering an intensive therapy based workshop to a diverse range of hospital mental health clinicians</p>	<p>Prepare and Deliver 1 day Solution Focused Therapy Training Seminar to Allied Health workers</p> <p>September 2017, 16 hours</p>	<p>It was useful for me to reflect on how solution focused social work requires excellent communication skills so that clients can become engaged in talking about their current resources and future hopes with social workers.</p>

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			<p>Most social work undertaken in hospitals needs to be short term and this requires clinical practice to be effective. It is my experience that significant goals can be achieved for mental health clients when solution focused social work is used in conjunction with other models such as task centred and strength based social work. This approach requires practitioners to apply critical thinking as they appraise the information and make practice decisions.</p> <p>I often use similar models/approaches when supervising a large team of social workers. Kadushin and Morrison's theoretical perspectives supports administrative, supportive and educational (clinical) supervision which may require me to use a variety of approaches including solution focused, task centred supervisory work to ensure that social workers professional skills and knowledge are enhanced.</p> <p><u>Competencies 6 and 7:</u></p> <p>I recognize that I need to utilize a number of approaches when working with individual social workers dependent on their experience and skills, and this may be problem solving, task centred, solution focused, narrative approaches etc.</p>
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			<p>I encourage supervisees to prepare for case discussion by bringing a list of issues to be discussed (task centred); I encourage them to talk through cases of concern (narrative); I encourage them to explain the thinking (theory) behind their practice (models/approaches) and I try to ensure that the supervisory process is supportive and mana enhancing.</p>
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DECLARATIONS

Social Worker Declaration

I declare the information contained in my CPD Log to be true and correct.

Sign: _____

Date:

Manager/Supervisor Declaration

I declare that the above named social worker has completed the CPD in the last year as outlined.

Sign: _____

Name: _____

(please stipulate if you are the supervisor or manager)

Date: